

It only takes a  minute

...to make a difference in the life of a child

We all have a role in helping make sure that children have the safe, healthy and nurturing environments they deserve to grow up in. Everyone who knows a child can take a minute to brighten the child's day or show him or her that you care. Of course there are many things that children need that take much more time than a minute but we'd like to focus on the small acts of kindness and support that everyone can do.

**It only takes a minute...**

- ...to make a child smile
- ...to offer to listen
- ...to offer assistance
- ...to say "good job"
- ...to distract an angry parent
- ...to brighten a child's day with a kind act
- ...to make a difference in the life of a child